Green Dot is an evidence-based bystander intervention program spearheaded locally by CVIC that educates and equips community members to both intervene in potentially harmful situations and to proactively foster a safe community.

**Peer influence**

Using the power of peer influence across all levels of the social-ecological model, Green Dot targets community members as potential bystanders and engages them in proactive and reactive behaviors that establish intolerance of violence as the community norm. This program stresses the importance of community-wide support for violence prevention and uses strategies that involve individuals and organizations across the social spectrum. Through Green Dot, we provide diverse opportunities for community members to get involved in providing options that feel realistic and manageable in their daily lives. Some proactive steps include:

- Talking with your children about ways to prevent violence
- Posting healthy relationship information on social media
- Learning more about Green Dot and preventing local violence (see contacts at left)

**CORE Team**

Over the past several months, community members have joined our CORE Team to plan and implement Green Dot locally. We sent 11 people to a regional training to initiate the program in Grand Forks, and seven were certified as instructors. In the coming months, they will train others and work to expand Green Dot into the community, engaging key influencers to become champions of the project. Eventually, we will market Green Dot on a broader community level to promote community ownership of ending local violence.

**Red Dots**

Moments where interpersonal violence (domestic violence, sexual assault or child abuse) either is present or has the potential to occur.

**Green Dots**

Moments of safety provided by bystanders who intervene in red dot moments by:

- directly confronting the person
- delegating to someone else who may be better suited to help
- causing a distraction to diffuse the situation.

**Contact**

If you'd like to learn more, call Kaitlin or Allison at 746-0405 or email them at:

Kaitlin: kaitlin@cviconline.org
Allison: allison@cviconline.org