Be the magic in a child’s life!

3 ways to give the best gifts of all this holiday

2018 Peacemaker Winner Announced

CVIC CEO to leave CVIC after 28 years of service
My life changed forever 28 years ago, stepping into CVIC’s former offices

When I first stepped into the small brick building at 111 South 4th Street 28 years ago this past April, I remember being warmly greeted by a small, but mighty group of women. I was there to complete a crucial step in my education journey, my internship, but was committed to moving on once finished. But to put it simply, God had another plan for me.

My life changed forever on that spring day as God opened my eyes to the hurt, the injustice, the oppression of so many in this community. My heart was broken. And my passion ignited.

It has been an honor to offer hope to others

There hasn’t been one day that I haven’t felt immensely honored to be even a small part of offering hope to those in our community who are often unseen – voiceless and powerless. I will never be able to thank God enough for the incredible opportunity to work alongside those who save lives, change futures, and offer hope where once there was only darkness. It is truly one of the most precious gifts imaginable to be entrusted with the opportunity to share in another’s journey toward hope.

Despite the darkness of violence, CVIC shines brightly for all who enter

CVIC is a place of joy! We get the privilege of responding to the ugliness of violence with compassion, hope, healing love, and I have been truly blessed in my journey at CVIC to work with a team that sees our work in the same way – a privilege, an honor, and a joy.

I will miss this team more than I can express. And that team includes all of you – our donors and supporters. Being part of a community that cares so deeply about our fellow citizens has been soul-affirming to me on the deepest level.

Though I leave CVIC, we’ll still journey together

Though this is my last column as CVIC’s president/CEO, it is far from the end of our journey together.

There is grief in leaving this place I love so dearly, but I’m simultaneously excited to continue to help our community be the healthiest it can be in every sense of the word! I am energized to think about the future of Greater Grand Forks – a place I love so much – and excited to continue to partner with all of you and many others in new ways as we work toward our shared vision of being the best Midwest community in which to live, learn, work and play.

Thanks for the privilege of experiencing the love, joy and hope that defines CVIC

I am excited for the future of CVIC and where this organization is headed – for CVIC has never been about any one person, but rather about a shared vision of building the first virtually violence-free community. We are well on our way, and I have every confidence that we will collectively reach this dream.

As I step out onto 4th Street for the last time, I want to thank you for the privilege of serving in this position. I will carry this experience with me always and I will be forever grateful for the opportunity to experience the love, joy, and hope that defines CVIC. Godspeed, my friends,

President’s Voice
KRISTI HALL-JIRAN

“You can be the magic in a child’s life

3 ways to give the best gifts of all: stability, healing and peace

Your gifts will help the people below or others in the same situation

Names, photographs and minor details about the families have been changed to protect confidentiality

Justin and his family

When Justin, his sister and mom came to us at shelter, his mom asked us to help her son, who was angry and acting out. So our family advocate began to play with Justin. When they drew pictures and talked about feelings, Justin colored his pictures black because he said that’s how he felt. She asked him if he’d like to find a way to feel better. So they started with breathing exercises, but because Justin is a little boy, it was much more fun to pretend to be a dragon while learning healthy ways to cope with his anger. They made him a breathing dragon, and Justin couldn’t wait to show his mom! Now Justin is much happier since coming to CVIC.

You can help Justin and his family stay safe at shelter and give Justin a chance to heal so all he needs to worry about is being a kid.

You can can help Justin and his family safety, healing and peace!

- $108 will instantly provide a night of shelter so this family can stay safe while Justin’s mom looks for housing and a job to support her family
- $194 will provide Justin with a session of expert trauma therapy to help him heal

You can give online at cviconline.org or at 211 S. 4th St., Grand Forks, ND 58201. Thank you!

“You can keep Justin’s family safe & help Justin to heal

Modeling is such a powerful teacher. That’s why violent fathers often create violent sons, like Justin, who as young as 5 began hitting his mom and baby sister. It’s why our work to help these little boys is so vital: we teach them to channel the confusion, anger and fear into something positive.

“...blessed in my journey at CVIC to work with a team that sees our work in the same way – a privilege, an honor, and a joy.”
I wish I had a pet dragon, named Scar, to protect my house.

– 6-year-old boy named Sam*

Will you help?

Kylie TOLD BY KYLIE: “Most children are afraid of the monsters hiding under their beds. I discovered that the monster wasn’t under my bed … it wasn’t lurking in the deadliest of shadows outside my bedroom window every night … the monster was my father. At first, I didn’t understand why he did the things that he did. I was too young to understand why he slammed my head into my bedroom wall when I was 8 years old. Or the time he spit in my face and called me maggot, trash, slut, worthless … I couldn’t trust anybody; fear was my friend.”

Kylie continued down a “long, bleak road,” being bullied at school, sexually assaulted, and placed into foster care, finally attempting to take her life. “The blessing,” she said, is that she found therapists at CVIC who “genuinely cared. Ever since then, my life changed for the better.” Kylie now is enrolled in school and made the president’s list. She expects to graduate with a two-year degree in May and then pursue a bachelor’s degree, so she can “help people who have been through similar experiences as myself.”

You can support Kylie as she continues with therapy at CVIC and pays it forward “so the world can be a more peaceful place.”

Laura’s last address was her car. After another violent tirade by her husband, she knew she had to get her kids to safety, even if it meant tucking her kids into bed in the back seat of her car and brushing their teeth in gas station bathrooms. It wasn’t the life she had imagined. And when her cash started dwindling, she began to lose hope. Then she found CVIC. We welcomed them with open arms at our shelter, provided an attorney to help her with a divorce and child support, and helped them move into our transitional housing, where they now have plenty of beds to sleep in.

Laura’s dreams began to take shape, and she took the big step of enrolling in college! As a single working mom in college, Laura will have her hands full this holiday. You can give Laura and her precious children the support they so desperately need as she works hard to build a better future.

Financial security is the #1 predictor of long-term freedom from abuse.

You can give Laura and her kids stability and a brighter future!

- $85 will instantly provide this family with groceries to supplement their meager budget
- $97 will provide Laura with advocacy to help her get back on her feet

You can give online at cviconline.org or at 211 S. 4th St., Grand Forks, ND 58201. Thank you!

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You can give Kylie a chance to heal and graduate from school in May!

- $97 will immediately provide Kylie with advocacy to help her find housing so she no longer has to live at home with her dad, who continues to be emotionally abusive
- $194 will provide Kylie with a session of expert trauma therapy to help her heal

You can give online at cviconline.org or at 211 S. 4th St., Grand Forks, ND 58201. Thank you!
HOW TO give more and save more
You can have an even greater impact on local children and families, bringing increased freedom, stability and hope while easing your tax burden. Consider the following options for saving on your 2018 taxes:

STOCKS AND APPRECIATED SECURITIES
If you have stocks with large gains, you may be able to receive a double tax benefit by deducting the full fair market value of your securities and also avoiding capital gains taxes. Consult your tax adviser to ensure such a transaction is in your best interest. If it is, be sure to arrange for a transfer of stock or bonds to CVIC before January 1.

INDIVIDUAL RETIREMENT ACCOUNTS
Your individual retirement account (IRA) may have additional savings for you. If you are over 70½ years old, you may roll over up to $100,000 per person per year from your IRA directly to a qualifying charity without recognizing the transferred assets as taxable income. CVIC is a 501(c)(3) IRA directly to a qualifying charity without recognizing the transferred assets as taxable income. CVIC is a 501(c)(3)

Molmen wins Peacemaker Award!
Altru Health System CEO Dave Molmen is the winner of CVIC’s prestigious Peacemaker Award, given annually to those who have gone above and beyond in working for peace in our community.

“Dave is truly one of our heroes of hope,” CVIC President/CEO Kristi Hall-Jiran said. “His leadership, integrity, and ongoing compassion for those in need is truly inspiring. We can think of no one worthier of CVIC’s 2018 Peacemaker Award.”

Dave was an inspirational speaker at many of our Safer Tomorrows Road Map presentations (including to the ND governor) and our Rise and Shine for Peace Breakfast, and he served as entertainment at our Celebrity Night event. He was a leader behind Altru’s major investments in CVIC since the 1990s, as well as providing Altru executives to serve on our board of directors and capital campaign steering committee.

Kevin and Courtney Ritterman are members of CVIC’s Dream Maker Society, pledging significant financial support over many years to help community members impacted by violence. They are pictured above with their children, Jake and Lauren.

Why we give
Marie’s* life hasn’t been easy: years of abuse at the hand of her husband have left lasting wounds to her body and soul. Now with a major medical condition, she’s had days where she’s wondered if she had the strength to go on.

At our shelter, Marie’s outlook on life got a serious boost. Surrounded by people who care, Marie fell in love with our new meditation room, where she spends time every single day. She shared with our shelter staff that she feels so positive and uplifted because of that room, telling another client, “It’s that room! Go into that room!”

At a medical appointment last week, Marie even shared with her doctor how much the room means to her. She came back to shelter, amazed, saying that her doctor had tears in his eyes when she told him about the meditation room, because he had donated the room!

* Name changed

 Donate more

Generosity comes full circle: CLIENT AND SUPPORTER FIND COMMON BOND

Kevin and Amy Muiderman generously donated the design and furnishings for our shelter meditation room.

“Who knew that a simple meditation room could be such a powerful tool for healing and transformation.”

– Dr. Kevin Muiderman

How did you become involved with CVIC?
“After the flood of 1997, our company was hired to coordinate the renovation of CVIC offices. Through this process, we were able to hear the passion and need for this organization. We have supported CVIC ever since.”

What inspires you to invest in CVIC’s services?
“It makes logical sense to us to invest in an organization that lives, eats, and breathes enormous amounts of care for the many children and adults of this community that deal with abuse and domestic violence. We have personal witness to how significant a child’s life changes because of that abuse and wholeheartedly support the way CVIC works to not only heal but educate and transform lives.”

What services are you most excited about?
“Absolutely we are most excited about the way CVIC is able to not only serve, shelter, represent, and support those in need of their assistance but also offer prevention education and healthy relationships programming, especially for our youth, which speaks loudly to us as parents in today’s world. The huge impact CVIC has had over the years can never be fully measured and we are all truly blessed to have such a committed organization within our community. The way their vision has grown has transformed local and regional communities and will hopefully inspire many others to support CVIC.”

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CEO to leave CVIC at end of year

As has been announced in the media, President/CEO Kristi Hall-Jiran will leave CVIC at the end of 2018 after 28 years of outstanding service.

“I have been privileged to work with Kristi for 26 of her years at CVIC and know I can say for us all that we will miss her dearly,” said Director of Community Investment Edie Dahlen, who will serve as interim director until a new CEO is hired. “She is one of the most visionary, positive and capable people I know, who also has such compassion for those we serve.”

Hall-Jiran has accepted the position of chief philanthropy officer at Altru Health System, beginning in January.

Watch for more in our December newsletter about Kristi’s tenure at CVIC, our leadership team, and updates from the board’s transition committee.

You can make the holidays bright for families we serve

If you are in a position to help our clients living in poverty, you will bring such relief and joy. Here are their needs:

- A used car for a client who can’t get to work without transportation
- TracFones with pre-paid minutes
- Gift cards to Target, Walmart or gas stations
- Personal care items
- Laundry detergent
- Paper products
- Toys for all ages
- Teen gifts, such as head-phones or gift cards

Just contact Jamie at jamie@cviconline.org or 746-0405 for more info.

CRISIS LINES
24-Hour Line: (701) 746-8900
Toll Free: (866) 746-8900

OFFICE LINES
Main Office: (701) 746-0405
ND TTY: (800) 366-6888
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